

SPUTUM: CYTOLOGICAL EXAMINATION

COLLECTING INSTRUCTIONS:



- In the morning, on an empty stomach, rinse your mouth with water and gargling.
- Collect the sputum by coughing in the **container provided by the Laboratory.**
- The sample should not contain saliva.
- If you have difficulty to expectorate, take an aerosol with warm water, breathing slowly and deeply ten times.
- If more than one sample is necessary, repeat the whole procedure for as many consecutive days as required.
- After collecting all the samples, bring them all to the Laboratory

Do not keep the samples in the refrigerator

COLLECTING INSTRUCTIONS - LABORATORIO ANALISI MEDICHE ALFA MEDA

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